



NOVEMBER | 2018

Lunch menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|---|
| | | | 1 Ravioli Tossed salad Bread sticks Peanut butter bars Milk choice | 2 Stuffed crust pizza Steamed corn Green beans Pineapple spear Orange juice Milk choice |
| 5 SCHOOL CLOSED | 6 SCHOOL CLOSED | 7 Buffalo chicken pizza Or Cheese pizza Steamed broccoli with cheese Fruit cup Orange juice Milk choice | 8 3 ways Tossed salad Oyster crackers Fruit cup Milk choice Jell-O cups | 9 Chicken fajitas Salsa, cheese, sour cream Steamed rice, fiesta corn Cantaloupe Orange juice Milk choice |
| 12 French bread Corn on the cob Fruit cup Milk choice | 13 Chicken nuggets Hash browns Broccoli/ cheese sauce Fruit cup Milk choice | 14 Taco salad Lettuce, cheese Steamed corn Fruit cup Orange juice Milk choice | 15 TURKEY DINNER  | 16 Calzone Malibu vegetables Orange juice Fruit cup Milk choice |
| 19 MANGER CHOICE | 20 MANGER CHOICE | 21 SCHOOL CLOSED | 22  Happy Thanksgiving | 23 SCHOOL CLOSED |
| 26 Cheese coney Scalloped potatoes Baked beans Fruit cup Milk choice | 27 Cheeseburger or hamburger French fries Sliced onions, sliced tomatoes Pickles Fruit cup Milk choice | 28 Weiner winks Green beans Macaroni and cheese Fruit cup Orange juice Milk choice | 29 Chicken tenders Mashed potatoes Gravy, steamed carrots Dinner rolls Side kicks Orange juice Milk choice | 30 Chili Uncrustable Fresh cut vegetables Peaches and grapes Orange juice Milk choice |

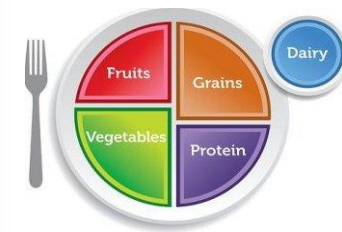
News

Fresh cut fruits and vegetables daily

uncrustable sandwich, chili and salad offered daily

for a FREE reimbursable student meal, the tray must have either a fruit or vegetable on them or both and 3 out of 5 food groups

Pick 3 out of the 5 food groups or better yet take all 5!



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