



OCTOBER | 2017

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 corn dog hash browns fruit cup orange juice milk choice	3 3 –ways tossed salad oyster crackers fruit cup milk choice	4 turkey roast mashed potatoes, gravy mixed vegetables dinner roll Pudding fruit cup orange juice milk choice	5 Crunchy Hawaiian Chicken wrap or chilli cheese wrap seasoned corn sour cream fruit cup milk choice	6 Panther Salad or Chicken Parmesan Sandwich baked beans potato coins fruit cup milk choice
9 Cheeseburger (k-8th grade) or Panther Burger (9 th -12 th) french fries sliced onions, tomatoes pickles fruit cup, orange juice milk choice	10 chicken tenders (k-8 th) or spicy chicken tenders (9 th -12 th) cheesy hash browns green beans fruit cup milk choice	11 Managers choice	12 SCHOOL CLOSED	13 SCHOOL CLOSED
16 cheese coney diced onions hash brown patty baked beans orange juice fruit cup milk choice	17 grilled cheese pretzel bun or tuna salad sandwich baked bag chips green beans, sliced tomato fruit cup milk choice	18 orange chicken stir fry stir fry vegetables steamed rice orange juice applesauce cake milk choice	19 Santa fe wrap or calzone Malibu vegetables fruit cup milk choice	20 pizza or Panther Salad corn on the cob fruit cup milk choice
23 ravioli tossed salad garlic bread orange juice fruit cup milk choice	24 pulled pork bbq baked bag chips cole slaw, relish baked beans fruit cup milk choice	25 teriyaki pork chops mashed potatoes, gravy steamed carrots dinner rolls fruit sidekick orange juice milk choice	26 ham and cheese sub or crispito corn on the cob salsa, cheese fruit cup milk choice	27 chicken rings or Panther Salad mashed potato bites steamed broccoli fruit cup milk choice
30 meatball sub green beans hash brown patty fruit cup orange juice milk choice	31 chicken nuggets roasted red potatoes fruit cup milk choice fresh baked cookie	1. chicken alfredo tossed salad breadstick jello fruit cup orange juice milk choice	2. nacho supreme steamed corn fruit cup milk choice	3. pizza stick or Panther salad baked beans cottage cheese fruit cup milk choice

News

fresh cut fruits and vegetables daily

uncrustable sandwich, chili and salad offered daily

for a FREE reimbursable student meal, the tray must have either a fruit or vegetable on them or both and 3 out of 5 food groups

Pick 3 out of the 5 food groups or better yet take all 5 !

Come out and support your Panther football team, listen to the band play and cheer with the cheerleaders, they all have worked hard and would love your support

USDA Nondiscrimination Statement