



# OCTOBER | 2018

## Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Chicken parmesan sandwich Baked beans Potato coins Fruit cup Milk choice	<b>2</b> Taco salad Or Panther salad Shredded lettuce Shredded cheese Steamed corn Fruit cup Milk choice	<b>3</b> Turkey Mashed potatoes Or Gravy, steamed carrots Dinner roll Fruit cup, orange juice Milk choice Pudding	<b>4</b> Calzone Or Santé Fe Wrap Malibu vegetables Fruit cup Milk choice	<b>5</b> <b>NO SCHOOL</b>
<b>8</b> <b>NO SCHOOL</b>	<b>9</b> Mini corn dogs Or Chicken salad sandwich Baked beans Fruit cup Milk choice	<b>10</b> Chicken sandwich Or Spicy chicken sandwich (9-12) Sliced tomatoes Green beans Peaches in gelatin Orange juice Milk choice	<b>11</b> Panther salad Or Chicken tenders Scalloped potatoes Fruit cup Milk choice	<b>12</b> Chili cheese wrap Marinated vegetable salad Fruit cup Orange juice Milk choice
<b>15</b> Lasagna Steamed broccoli Garlic bread Fruit cup Milk choice	<b>16</b> Panther salad Or Quesadilla Steamed corn Fruit cup Milk choice	<b>17</b> Grilled cheese pretzel bun Tomato soup Green beans Fruit cup Orange juice Milk choice	<b>18</b> Boneless chicken wings Baked beans Potato triangles Fruit cup Milk choice	<b>19</b> French bread Corn on the cob Fruit cup Orange juice Milk choice
<b>22</b> Chicken drum sticks Roasted sweet potatoes Baked beans Fruit cup Milk choice	<b>23</b> Panther salad Or Crispito Salsa, cheese Corn on the cob Fruit cup Milk choice	<b>24</b> Roast beef sandwich Curly fries Green beans Fruit cup Orange juice Milk choice	<b>25</b> Pulled pork bbq Potato wedges Cole slaw, relish Fruit cup Milk choice Cake	<b>26</b> Taco pizza bites Steamed corn Fruit cup Orange juice Milk choice
<b>29</b> Meatball sub Green beans Hash browns Fruit cup Milk choice	<b>30</b> Panther salad Or Corn dog Baked beans Hash brown patty Fruit cup Milk choice	<b>31</b> Teriyaki chicken stir fry Steamed rice Stir fry vegetables Fruit cup Orange juice Milk choice Cookies	Ravioli Tossed salad Bread sticks Fruit cup Milk choice	Stuffed crust pizza Steamed corn Green beans Fresh grapes Milk choice

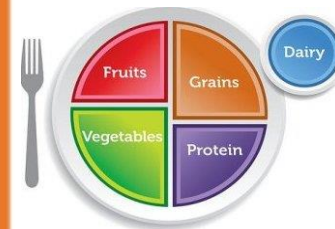
### News

**fresh cut fruits and vegetables daily**

**uncrustable sandwich, chili and salad offered daily**

for a FREE reimbursable student meal, the tray must have either a fruit or vegetable on them or both and 3 out of 5 food groups

**Pick 3 out of the 5 food groups or better yet take all 5!**



**Come out and support your football team, cheerleaders, volleyball, soccer and Cross Country. They would love to see you.**

This institution is an equal opportunity provider.”