




# SEPTEMBER | 2017

## Ludlow Independent Lunch menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 panther salad or chicken sandwich baked beans, sliced tomato pickle spear strawberry cup milk choice
4  no school	5 cheeseburger or hamburger (k-8) panther burger (9-12) sliced onion, sliced tomato pickles seasoned french fries strawberry cup milk choice	6 pork chop mashed potatoes, gravy green beans dinner roll banana cake orange juice milk choice	7 bbq glazed drum stick roasted sweet potatoes steamed broccoli applesauce cups milk choice	8 panther salad or double stuffed cheese pizza corn on the cob pineapple spear milk choice
11 sloppy joe sandwich potato triangle cole slaw, relish peaches orange juice milk choice	12 chili cheese wrap or burrito fiesta corn pineapples milk choice	13 open face turkey country style mashed potatoes steamed carrots apple crisp orange juice milk choice	14 cheese pizza or buffalo chicken pizza seasoned corn pears milk choice	15 panther salad or corn dog ranch potato wedges baked beans cantaloupe milk choice
18 crisпитos salsa, cheese sour cream corn on the cob mixed fruit orange juice milk choice	19 corn dog or grilled cheese baked beans, pickle chips mandarin oranges milk choice	20 chicken tenders macaroni and cheese green beans strawberry cup orange juice milk choice peanut butter bars	21 chicken fajitas shredded cheese sour cream steamed corn peaches milk choice	22 panther salad or calzone Malibu vegetables fresh strawberries/fruit dip milk choice
25 meatball subs green beans hash browns applesauce cup orange juice milk choice	26 taco salad shredded cheese shredded lettuce corn on the cob pineapple milk choice	27 spaghetti and meatballs spaghetti sauce shredded cheese side salad, garlic toast orange juice milk choice applesauce cake	28 popcorn chicken dipping sauces mashed potato bites baked beans fruit salad milk choice	29 panther salad or pizza stick steamed broccoli pineapple spear milk choice

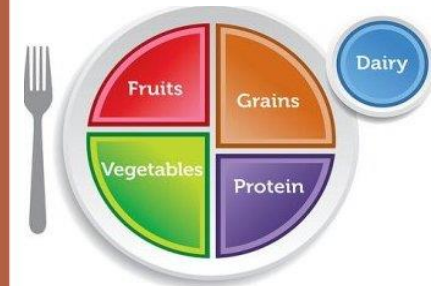
### News

**fresh cut fruits and vegetables daily**

**uncrustable sandwich, chili and salad offered daily**

for a FREE reimbursable student meal, the tray must have either a fruit or vegetable on them or both and 3 out of 5 food groups

**Pick 3 out of the 5 food groups or better yet take all 5!**



**Come out and support your Panther football team, listen to the band play and cheer with the cheerleaders, they all have worked hard and would love your support**

**USDA Nondiscrimination Statement**