

JULY | 2019

LUNCH MENU LUDLOW INDEPENDENT SCHOOLS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 NO MEALS	2 NO MEALS	3 NO MEALS	4  NO MEALS	5 NO MEALS
8 chicken sandwich hash browns fruit milk choice	9 hot dog baked beans fruit milk choice	10 crispos salsa, cheese corn fruit milk choice	11 corn dog potato wedges fruit milk choice	12 pizza corn on the cob fruit milk choice
15 cheeseburger french fries fruit milk choice	16 chicken tenders scalloped potatoes fruit milk choice	17 pork chop mashed potatoes, gravy green beans fruit milk choice	18 taco salad shredded lettuce shredded cheese corn fruit milk choice	19 mini corn dog baked beans fruit milk choice
22 calzone steamed vegetables fruit milk choice	23 chicken rings green beans fruit milk choice	24 ravioli corn fruit milk choice	25 mini pancakes sausage patties hash browns fruit milk choice	26 stuffed crust pizza corn on the cob fruit milk choice
29 chicken nuggets hash brown patty fruit milk choice	30 quesadillas salsa, cheese corn fruit milk choice	31 biscuit and gravy sausage patty tater tots fruit milk choice	1 rib pattie sandwich baked beans fruit milk choice	2 taco pizza bites smile fries fruit milk choice

News

18 & Under receive
FREE meals!

19 & Older meals are \$3.50

Lunch 11:15 -12:45

Food must stay in cafeteria
except grain, fruit and
vegetables

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(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

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